

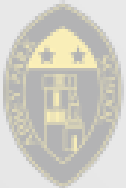
Information Evening

“Ready for GCSE?”



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Transition to KS4 and GCSE study

Ready for GCSE?

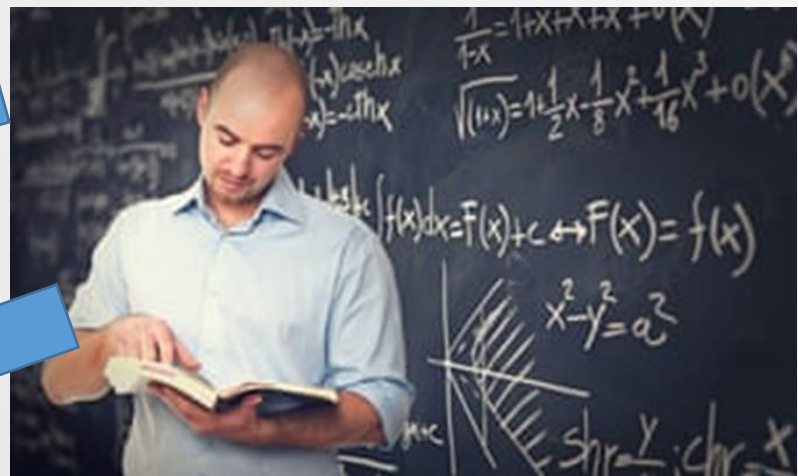




KS4 – Prepare for a Three Way Effort

Departing Year 11 pupils:

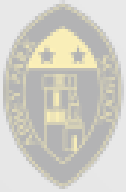
1. Support from home



2. High quality teaching

3. Determination & Revision





PDPs and Y9 meetings



- ✓ Explore pupils' feelings regarding **GCSE study**
- ✓ Review pupils' **Behaviour for Learning**
- ✓ Review pupils' **Literacy Confidence**
- ✓ Review how **Well-Being impacts on learning**
- ✓ Establish personal **targets** for next year

Enable staff to prepare for GCSE



GCSE – Year 9 Pupils' views and feelings

Prepare through discussion

Nervous, Worried, Concerned



"There's going to be too much to remember."

"The work will be much more difficult."

"I'll get loads more homework."

"I am worried about having to write long answers."

Mature, Independent, Prepared, Reflective



"I'm looking forward to doing practical work."

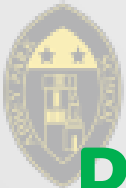
"I can do my favourite subjects in more depth."

"It actually counts for something now."

"I've got to change some of my behaviour to succeed"

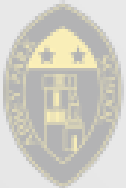
"I just want to get on with it."

"It will be good to mix into new classes."



Prepare by feeling reassured... Prepare through trusting our experience

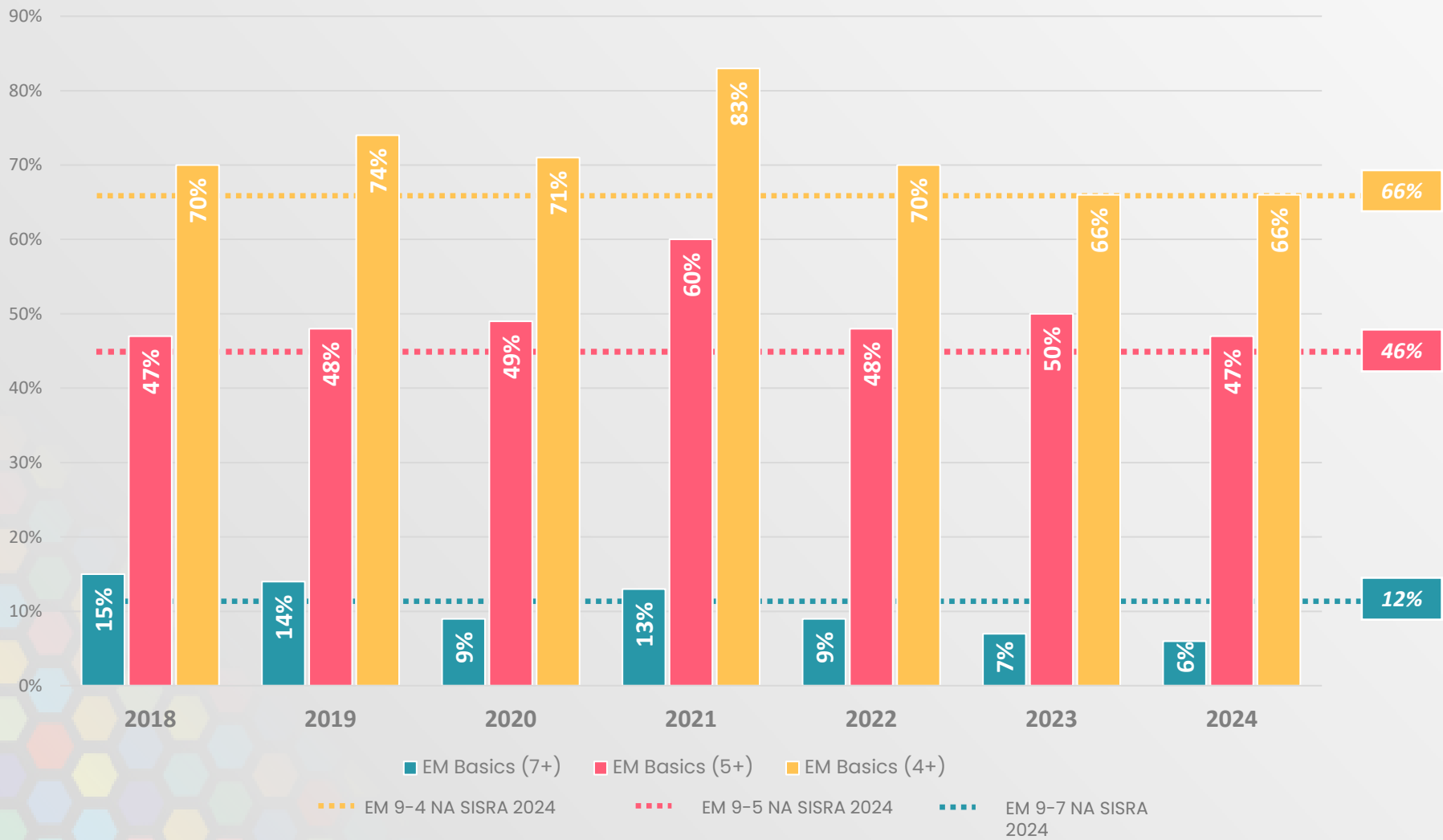
- ✓ Staff understand pupils' concerns & excitements
- ✓ Learning will be clearly planned and communicated to pupils and home
- ✓ All pupils will be challenged in their learning
- ✓ Pupils will be taught how to remember content and how to revise content
- ✓ Time to practise past papers
- ✓ Pupils will enjoy a well-rounded school experience
- ✓ Be reassured by our history of successful GCSE outcomes

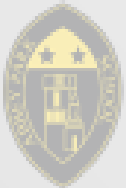


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Abbey Park School

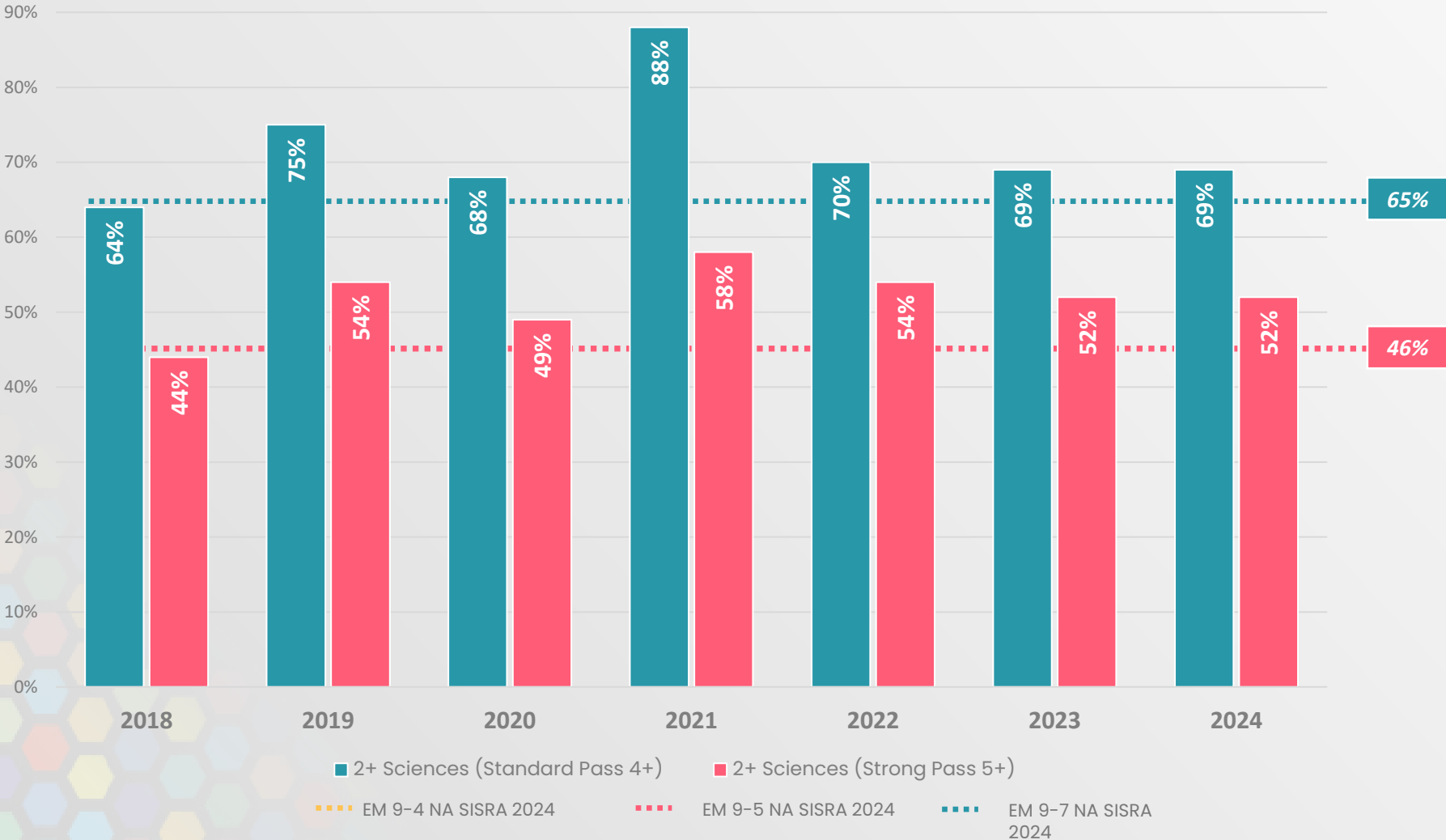
English & Maths Combined Outcomes

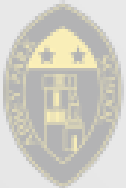




Abbey Park School

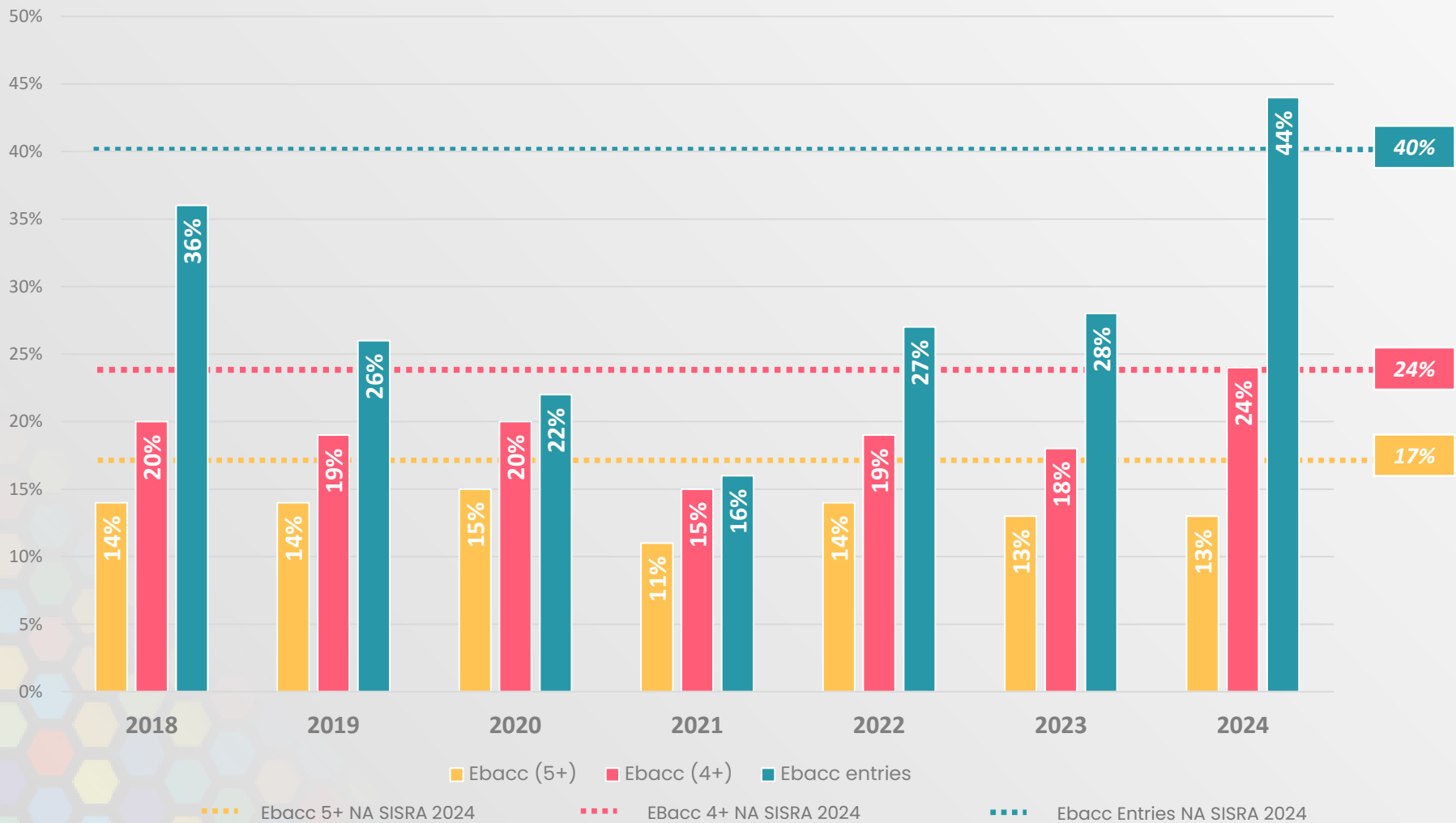
Science Outcomes

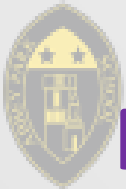




Abbey Park School

Ebacc Outcomes





Prepare by understanding the curriculum

Year 10	English 4 hrs	Maths 4 hrs	Science 5 hrs	PE 2 hrs	History or Geography 4 hrs	Option 1 2 hrs	Option 2 2 hrs	Option 3 2 hrs
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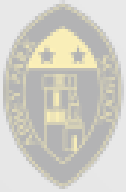
Year 11	English 4 hrs	Maths 4 hrs	Science 4 hrs	PE 2 hrs	History or Geography 2 hrs	Option 1 3 hrs	Option 2 3 hrs	Option 3 3 hrs
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- Curriculum Maps – KS4

<https://www.abbeyparkschool.org.uk/curriculum/curriculum-department>

- GCSE Specifications
- Past Papers
- Revision materials

[Student Shared Area – FOLDr](#)



Prepare for Positive Behaviour for Learning



Abbey Park **PROUD**

Presentation — We take pride in our uniform and appearance, the work we produce, and the way we speak to each other.

Respect — We interact with everyone with respect. We take care of the school building and the equipment in it; we make sure there is no litter or damage caused to our environment.

Organisation — We take pride in having the correct equipment and PE kit; we know our timetable; we take pride in being punctual and arriving at lessons ready to learn; we are neat and tidy and we work logically through tasks.

Understanding — We understand how we can become successful independent learners; we know our target grades and we understand how to meet them. We complete homework and revision to assist our academic success.

Determination — We have a go even when things get difficult, we persevere and don't just give up; we help build a community of belief and encouragement for all, and we learn from our mistakes and misconceptions.



Prepare to be GCSE PROUD to Learn

PRESENTATION – exercise books = Year 11 revision tools:

Dated, titled, clear & neat – because you will need them!

RESPECT – enable learning; enable teaching

ORGANISATION

- ✓ **P**lanner; full **P**encil case - every lesson; every day
- ✓ **P**unctual to lessons; **high school attendance**
- ✓ **P**lace at home to study

UNDERSTANDING

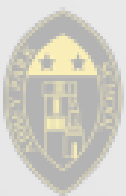
- ✓ The first time round! 100% effort
- ✓ Copy up missed work
- ✓ Understand how to Remember content and Revise content

DETERMINATION

- ✓ I can; I will; I am worth my investment

PUPIL Question: Where do I need to improve?

PARENTS & CARERS: Where does my child need to improve?



Prepare for Literacy and Articulatory

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All GCSEs marked for “quality of written communication”
Emphasis on Extended Written Responses

1. Reading for pleasure

Commit to extending your personal reading and you
commit to improving your GCSE outcomes

2. Subject terminology

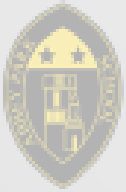
Learn terminology for your GCSEs and use it in your responses

3. Constructing Extended Written Responses

Embrace your PLANNER: plan answers to different command phrases and essay structures

4. Spelling, Punctuation and Grammar

Prepare through your PLANNER: Top 50 spellings, proof reading symbols; punctuation and grammar rules

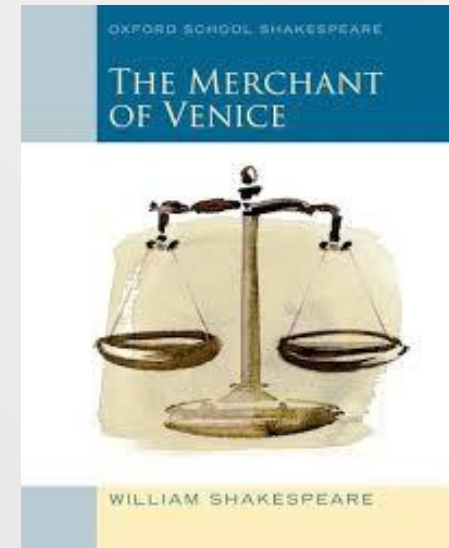
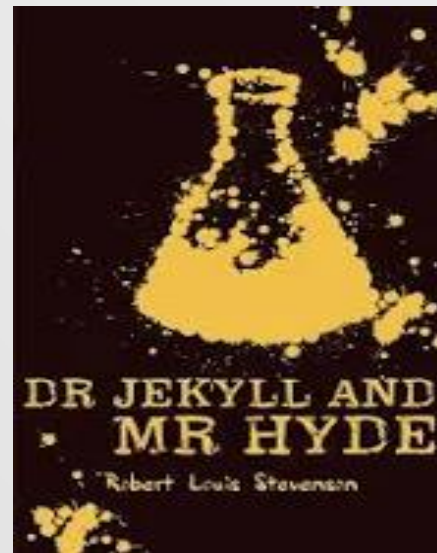
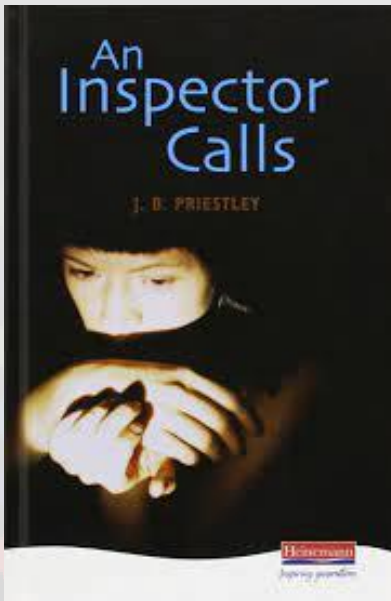


Prepare through purchasing GCSE English Literature Texts



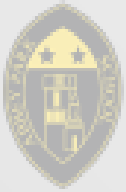
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- **An Inspector Calls – JB Priestley** (pre-read over the summer?)
- **The Strange Case of Dr Jekyll and Mr Hyde – Robert Louis Stevenson**
- **The Merchant of Venice – William Shakespeare**



Prepare by listening to our departing Year 11s

- ✓ I wish I'd worked harder in Year 10 so I didn't have to fill in the gaps for Year 11 mocks
- ✓ Leave your social issues outside of the classroom
- ✓ ATTENDANCE, ATTENDANCE, ATTENDANCE
- ✓ Get organised – exercise books are revision tools
- ✓ I feel embarrassed that I messed around in Year 10
- ✓ Be on time to lessons: don't miss the key messages that often happen at the start....
- ✓ Think of your future – set yourselves a few motivational goals
- ✓ Make the most of intervention sessions – they make a HUGE difference...
- ✓ Make sure you know HOW to revise – engage in Year 10 tutor Mondays



APS REVISION PROCESS

REVISION: A five part system

1. *Understand it – first teaching*
2. Condense it
3. **Learn it – commit to memory**
4. Practise it – past papers
5. Check it

Year 10 Tutor Programme – 2025-26

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Year 10</u>	GCSE Ready <i>Understand it</i>	Careers	Wellbeing Wednesday	Assembly	Culture & Celebration



Memorising information: Learned content



Long Term Memory Strategies:

- ✓ Engagement in learning
- ✓ Regular revisits
- ✓ Meaningful connections
- ✓ Discussing content

Short Term

Memory strategies:

- ✓ Chanting
- ✓ Look, cover, write (or say), check
- ✓ Images / symbols / colours
- ✓ Reduce information - one sentence
- ✓ Mnemonics - first letter triggers
- ✓ A Journey: “stop” at different “information locations”
- ✓ Mind maps
- ✓ Ask someone to test you
- ✓ Make and listen to recordings
- ✓ Display to absorb – bedroom/house



Prepare – Well-Being for Learning

DISCUSS for 30 seconds – *and be prepared to be asked to share your answer...!*

*What is the area of well-being that pupils **KNOW** most affects their learning?*



SLEEP: teenagers need 8-10 hours





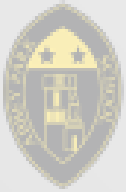
Teenage sleep ZZzzzzzzZZZZzzzzzz

NHS On average
13-18 year olds need
8-10 hours sleep

On average our
teenagers get 7 hours,
or less.....

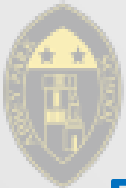
Aim to be in bed by
10.00pm; asleep by
10.30pm





Prepare: Well-Being for Learning

- ✓ **Improve Sleep** – *revisit younger childhood!*
 - Reduce screen time & social media before bed...*
 - No screens in bedrooms? A phone curfew?*
 - Agree bed times; end of social media times?*
 - A different “winding down” routine...*
- ✓ **Evaluate your use of technology** – *helping you or hindering you...??*
- ✓ **Supportive friendships**
- ✓ **Supportive home relationships**
- ✓ **Move** – *increase exercise to 60 minutes a day*
- ✓ **Fuel your body & mind**; *reduce sugar; 5/7-a-Day*
- ✓ **Hobbies and interests** – *outside of screens!*
- ✓ **Get outside** – *fresh air, exercise and nature!*



When you need support ...



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Feeling nervous or worried are normal emotions:

- ✓ **Communicate with your parents and teachers**
Year 10 Parents' Evening – Thurs 27 Nov
- ✓ **Tutor – 3 'PDP' sessions**
Consultation Day – Wed 25 March
- ✓ **Head of Key Stage – Mrs V Redondo**
- ✓ **Pastoral Support Assistant – Mr W Morris**
- ✓ **SENDco – Mrs E Fewings**
- ✓ **Asst SENDco – Mrs L Tubb**
- ✓ **Counsellors – Mrs C Yeoman & Mrs L Tumbre**
- ✓ **PSHCE curriculum – Mrs N Kerr**
- ✓ **On-line Learning – Mrs L Wall**
- ✓ **Post 16 and Careers – AP – Mr J Maddern**
Term 6 – College visits
- ✓ **Mrs S Jones-Cook – AP – Raising Standards KS4**



Make a commitment to your GCSE self



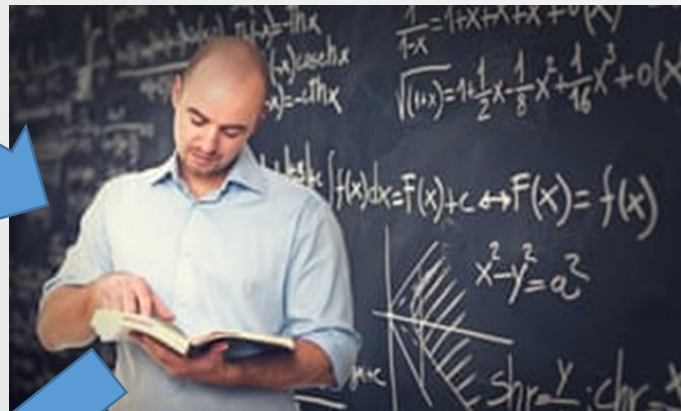
Over the next few weeks and during the summer holiday:

With your parents/carers, create **two targets** for yourself for Sept. based on what we have reviewed this evening; revisit these targets before September.

EXAMPLES

- I will increase my sleep by reducing tech time
- I will pack my bag with the equipment I need
- I will observe my behaviour and note how I can improve
- I will focus more on my extended written responses
- I will read for 15 minutes every day
- I will experiment with different rote learning strategies
- I will improve the presentation of my class work

Have a good summer; prepare for GSCE
We look forward to working with you in Sept.



If you have any individual questions, please feel free to stay for a discussion...