

PE Break Down Overview

TERM 4

Year 7	Tagg Rugby, OAA, Gymnastics, Netball. Badminton, Basketball
Year 8	Dance, Basketball, Tagg Rugby, Handball, Hockey, Basketball
Year 9	Basketball, Hockey, Handball. Table Tennis, Fitness
Year 10	Netball, Football, Dodgeball, Fitness, Handball, Badminton, Basketball, Futsal
Year 11	Netball, Dodgeball, Fitness, Football, Badminton, Handball, Tables Tennis, Futsal
Yr10 CNAT	R185 Topic 2 & 3- Leadership
Yr10 GCSE	Paper 1- Short- & Long-Term effects of exercise/ Components of fitness
Yr11 BTEC	Unit 3- Applying the principles of personal training

TERM 5

Year 7	Athletics, Rounders, Cricket
Year 8	Athletics, Rounders, Cricket
Year 9	Athletics, Rounders, Cricket
Year 10	Rounders, Dodgeball, Basketball, Cricket, Table Tennis, Rounders
Year 11	Rounders, Dodgeball, Basketball, Cricket, Table Tennis, Rounders
Yr10 CNAT	R185 Topic 4- Review of planning & Leading/ R186- Media in Sport
Yr10 GCSE	Paper 1- Applying the principles of training/ Preventing injury in physical activity
Yr11 BTEC	Unit 3- Applying the principles of personal training

TERM 6

Year 7	Rounders, Cricket, Interhouse
Year 8	Rounders, Cricket, Interhouse
Year 9	Rounders, Cricket, Interhouse
Year 10	Rounders, Basketball, Football, Dodgeball, Badminton, Handball, Cricket
Year 11	Rounders, Basketball, Football, Dodgeball, Badminton, Handball, Cricket
Yr10 CNAT	R186- Media in Sport
Yr10 GCSE	Paper 1- Analyse, Evaluate of Performance
Yr11 BTEC	Finalise units / Practical