| Year 7 | Term 1 | Term 1 | Term 2 | Term 2 | Term 3 | Term 3 | Term 4 | Term 4 | Term 5 | Term 5 | Term 6 | Term 6 |
|---------|------------|--------------|--------------|--------------|----------------|----------------|----------------|--------------|-----------|-------------|-------------|-------------|
| Class | 5 Lessons | 5 Lessons | 7 Lessons | 7 Lessons | 6 Lessons | 6 Lessons | 6 Lessons | 6 Lessons | 5 lessons | 5 lessons | 7 lessons | 7 lessons |
| 7 G4 | Netball | Gym | Basketball | Football | Badminton | Dance | Tag Rugby | OAA | Athletics | Athletics | Rounders | Cricket |
| 7 G5 | Gym | Netball | Football | Basketball | Dance | Badminton | OAA | Tag Rugby | Athletics | Athletics | Rounders | Cricket |
| 7 B1 | Rugby | Basketball | Dance | badminton | Football | Handball | Gym | Netball | Athletics | Athletics | Cricket | Roundes |
| 7 B2 | Basketball | Rugby | Badminton | Dance | Handball | Football | Netball | Gym | Athletics | Athletics | Cricket | Rouders |
| 7M3 | Rugby | Dance | Netball | Handball | Gym | Football | Badminton | Basketball | Athletics | Athletics | Rounders | Cricket |
| | | | | | | | | | | | | |
| Year 8 | Term 1 | Term 1 | Term 2 | Term 2 | Term 3 | Term 3 | Term 4 | Term 4 | Term 5 | Term 5 | Term 6 | Term 6 |
| Class | 7 Lessons | 7 Lessons | 7 Lessons | 7 Lessons | 6 Lessons | 6 Lessons | 6 Lessons | 6 Lessons | 5 lessons | 5 lessons | 7 lessons | 7 lessons |
| 8 G4 | Netball | Gym | Volleyball | Football | Basketball | Tag Rugby | Dance | Badminton | Athletics | Athletics | Rounders | Cricket |
| 8 G5 | Gym | Netball | Football | Volleyball | Dance | Basketball | Badminton | Tag Rugby | Athletics | Athletics | Rounders | Cricket |
| 8 B1 | Rugby | basketball | Table Tennis | badminton | Football | Gym | Handball | Hockey | Athletics | Athletics | Cricket | Roundes |
| 8 B2 | basketball | Rugby | Badminton | Table Tennis | Gym | Football | Hockey | Handball | Athletics | Athletics | Cricket | Rouders |
| 8M3 | Dance | Football | Netball | Hockey | Tag Rugby | Table Tennis | Basketball | Volleyball | Athletics | Athletics | Rounders | Cricket |
| | | • | • | | | • | | • | • | | • | • |
| Year 9 | Term 1 | Term 1 | Term 2 | Term 2 | Term 3 | Term 3 | Term 4 | Term 4 | Term 5 | Term 5 | Term 6 | Term 6 |
| Class | 7 Lessons | 7 Lessons | 7 Lessons | 7 Lessons | 6 Lessons | 6 Lessons | 6 Lessons | 6 Lessons | 5 lessons | 5 lessons | 7 lessons | 7 lessons |
| 9 G4 | Netball | Fitness | Trampo | Football | Basketball | Handball | Badminton | Tag Rugby | Athletics | Athletics | Rounders | Cricket |
| 9 G5 | Fitness | Netball | Football | Trampo | Handball | Basketball | Tag Rugby | Badminton | Athletics | Athletics | Rounders | Cricket |
| 9 B1 | Rugby | basketball | Fitness | Handball | Football | Sports Leaders | Table Tennis | HOCKEY | Athletics | Athletics | Cricket | Roundes |
| 9 B2 | basketball | Rugby | Badminton | Fitness | Sports Leaders | Football | Handball | Table Tennis | Athletics | Athletics | Cricket | Rouders |
| 9 M3 | Tag | Trampo | Handball | badminton | Hockey | Table Tennis | Fitness | Basketball | Athletics | Athletics | Cricket | Rounders |
| 9B3 | Football | Rugby | Handball | Badminton | Fitness | Table Tennis | Sports Leaders | Basketball | Athletics | Athletics | Cricket | Rounders |
| | | | | | | | | | | | | |
| Year 10 | Term 1 | Term 1 | Term 2 | Term 2 | Term 3 | Term 3 | Term 4 | Term 4 | Term 5 | Term 5 | Term 6 | Term 6 |
| Class | 7 Lessons | 7 Lessons | 7 Lessons | 7 Lessons | 6 Lessons | 6 Lessons | 6 Lessons | 6 Lessons | 5 lessons | 5 lessons | 7 Lessons | 7 Lessons |
| 10 G4 | Badminton | Netball | Basketball | Trampo | Fitness | Volleyball | Handball | Dodgeball | Athletics | Rounders | Cricket | Pickel Ball |
| 10 G5 | Netball | Badminton | Trampo | Fitness | Basketball | Football | Dodgeball | TAG | Athletics | Rounders | Pickle Ball | Cricket |
| 10 B1 | Football | Table Tennis | Rugby | Handball | Football | Dodgeball | Fitness | Basketball | Athletics | Cricket | Rounders | Badminton |
| 10 B2 | Dodgeball | Football | Handball | Rugby | Basketball | Table Tennis | Football | Badminton | Athletics | Cricket | Rounders | Dodgeball |
| 10M3 | Tag Rugby | Volleyball | Table Tennis | Badminton | Tramp | Handball | Basketball | Football | Athletics | Pickel Ball | Rounders | Cricket |
| | | • | | | | • | | | | | | |
| Year 11 | Term 1 | Term 1 | Term 2 | Term 2 | Term 3 | Term 3 | Term 4 | Term 4 | Term 5 | Term 5 | Term 6 | Term 6 |
| Class | 7 Lessons | 7 Lessons | 7 Lessons | 7 Lessons | 6 Lessons | 6 Lessons | 6 Lessons | 6 Lessons | 5 Lessons | 5 Lessons | 7 Lessons | 7 Lessons |
| 11 G4 | Netball | Badminton | Trampo | Football | Table Tennis | Basketball | Handball | Dodgeball | Athletics | Rounders | Cricket | Pickel Ball |
| 11 G5 | Badminton | Football | Fitness | Trampo | Volley Ball | TAG | Dodgeball | Fitness | Athletics | Rounders | Pickel Ball | Cricket |
| 11 B1 | Football | Table Tennis | Badminton | Handball | Trampo | Table Tennis | Fitness | Handball | Athletics | Cricket | Basketball | Rounders |
| 11 B2 | Rugby | Dodgeball | Football | Basketball | Handball | Dodgeball | Football | Basketball | Athletics | Cricket | Rounders | Dodgeball |
| 11 B3 | Dodgeball | Football | Handball | Table Tennis | TAG/Rugby | Basketball | Badminton | Football | Athletics | Cricket | Dodgeball | Basketball |