



Curriculum Map: Subject: PSHE 2025-26

Year 7

Term	Unit of Work	Knowledge and Skills	Assessment
1	Transition/Welcome to Abbey Park	<ul style="list-style-type: none"> Your first day at secondary school Your journey to school Making friends and bullying E-safety Being a good APS Citizen 	<ul style="list-style-type: none"> In class questioning Peer-review (as directed by tutor) Book marking (in line with school policy) Pupil voice
2	Living in the wider world – developing your own identity	You Are Awesome <ul style="list-style-type: none"> Kid average to kid awesome What's holding me back? Your fantastic, elastic & plastic brain Practice makes awesome Genius or what? 	<ul style="list-style-type: none"> In class questioning Peer-review (as directed by tutor) Book marking (in line with school policy) Pupil voice
3	Society & Culture *Citizenship strand	<ul style="list-style-type: none"> Identity shield – British Values and Protected Characteristics focus Identity shield – British Values and Protected Characteristics focus First Aid Dental Health Healthy Eating 	<ul style="list-style-type: none"> In class questioning Peer-review (as directed by tutor) Book marking (in line with school policy) Pupil voice
4	Living in the wider world: CEIAG	<ul style="list-style-type: none"> Careers planning Interpersonal skills Leadership skills Communication and teamwork skills 	<ul style="list-style-type: none"> In class questioning Peer-review (as directed by tutor) Book marking (in line with school policy) Pupil voice
5	Health & Wellbeing: Relationships (RSE)	<ul style="list-style-type: none"> What is RSE? Puberty intro Puberty – incl use of appropriate language 	<ul style="list-style-type: none"> In class questioning



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		<ul style="list-style-type: none"> • Personal hygiene • Periods: incl ref to FGM • Relationships – self worth, romance, friendships and boundaries 	<ul style="list-style-type: none"> • Peer-review (as directed by tutor) • Book marking (in line with school policy) • Pupil voice
6	Drugs Education	<ul style="list-style-type: none"> • Introduction to drugs awareness – retrieval and overview • Legal vs illegal drugs • Drugs and the law • Smoking & vaping in 2023 • Physical effects of smoking and vaping 	<ul style="list-style-type: none"> • In class questioning • Peer-review (as directed by tutor) • Book marking (in line with school policy) • Pupil voice

Year 8

Term	Unit of Work	Knowledge and Skills	Assessment
1.	Global issues & discrimination	Africa United <ul style="list-style-type: none"> • Refugees • Child Soldiers • Child prostitution • HIV/AIDS • Tackling stigma & discrimination 	<ul style="list-style-type: none"> • In class questioning • Peer-review (as directed by tutor) • Book marking (in line with school policy) • Pupil voice
2.	Financial Awareness	<ul style="list-style-type: none"> • Money Management • Personal finance and debt • Budgeting 	<ul style="list-style-type: none"> • In class questioning • Peer-review (as directed by tutor)



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		<ul style="list-style-type: none"> Income tax & National Insurance Ethical financial choices 	<ul style="list-style-type: none"> Book marking (in line with school policy) Pupil voice
3	Living in the wider world – developing your own identity	<ul style="list-style-type: none"> Self awareness – emotional literacy Peer influence, pressure and bullying Mental health – happiness and positivity British Values – Criminal Justice system The law and young offenders 	<ul style="list-style-type: none"> In class questioning Peer-review (as directed by tutor) Book marking (in line with school policy) Pupil voice
4	Drugs & Alcohol education	<ul style="list-style-type: none"> Alcohol and drug misuse Pressures relating to drug and alcohol use Drug Awareness Cannabis, Shisha and Spice Vaping <p><i>*Annual visit from Wiltshire Police, delivering session on Sexting*</i></p>	<ul style="list-style-type: none"> In class questioning Peer-review (as directed by tutor) Book marking (in line with school policy) Pupil voice
5	CEIAG: Community and careers	<ul style="list-style-type: none"> Careers planning Work skills Careers employability skills Computer literacy skills Money management 	<ul style="list-style-type: none"> In class questioning Peer-review (as directed by tutor) Book marking (in line with school policy) Pupil voice
6	Health & Wellbeing: Identity and relationships - RSE	<ul style="list-style-type: none"> Healthy & unhealthy relationships Eating disorders Body Image incl eating disorders x 2 lessons E-safety & Social Media - sexting Self Esteem 	<ul style="list-style-type: none"> In class questioning Peer-review (as directed by tutor) Book marking (in line with school policy) Pupil voice



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Year 9

Term	Unit of Work	Knowledge and Skills	Assessment
1	British Rights & Values: Living in the wider world	<ul style="list-style-type: none"> Equality Migration to Europe Homosexuality and its history Gay marriage The role of women 	<ul style="list-style-type: none"> In class questioning Peer-review (as directed by tutor) Book marking (in line with school policy) Pupil voice
2	CEIAG: Setting goals and employability skills	<ul style="list-style-type: none"> Career planning and options Careers in STEM subjects and English Careers in Humanities and Languages Careers in DT, PE and the Arts Researching jobs OPTIONS TALK: Main hall – choosing your options 	<ul style="list-style-type: none"> In class questioning Peer-review (as directed by tutor) Book marking (in line with school policy) Pupil voice
3	Government & Politics: Citizenship (British Values)	<ul style="list-style-type: none"> Democracy v Dictatorship Who are the main political parties? Elections and campaigning How are laws passed in society? Reduce voting age to 16? 	<ul style="list-style-type: none"> In class questioning Peer-review (as directed by tutor) Book marking (in line with school policy) Pupil voice
4	Rights & Responsibilities	<ul style="list-style-type: none"> What is a community? Managing our waste: recycling International pressure groups and NGOs The climate protests – Greta Thunberg Sustainable living and carbon footprints 	<ul style="list-style-type: none"> In class questioning Peer-review (as directed by tutor) Book marking (in line with school policy) Pupil voice
5	Drugs Education – Global Impact	<ul style="list-style-type: none"> Addiction 	<ul style="list-style-type: none"> In class questioning



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		<ul style="list-style-type: none"> • Binge drinking • Vaping, e-cigs and smoking • Substance misuse – Class C prescription drugs • Substance misuse – Class B drugs <p><i>*Potential annual visit from Wiltshire Police, delivering session on CSE.*</i></p>	<ul style="list-style-type: none"> • Peer-review (as directed by tutor) • Book marking (in line with school policy) • Pupil voice
6	Healthy Relationships - RSE	<ul style="list-style-type: none"> • Gender & Sexuality • Types of abuse • Families and parenting • Conflict resolution and relationship changes • Delaying sexual activity 	<ul style="list-style-type: none"> • In class questioning • Peer-review (as directed by tutor) • Book marking (in line with school policy) • Pupil voice

Year 10

Term	Unit of Work	Knowledge and Skills	Assessment
1	Global issues, incl terrorism	<ul style="list-style-type: none"> • Gangs • Forced marriage • Terrorism • Radicalisation • Understanding and preventing extremism 	<ul style="list-style-type: none"> • In class questioning • Peer-review (as directed by tutor) • Book marking (in line with school policy) • Pupil voice
2	RSE: Healthy relationships	<ul style="list-style-type: none"> • Delaying sexual activity • Contraception • Risks of STI's 	<ul style="list-style-type: none"> • In class questioning • Peer-review (as directed by tutor)



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		<ul style="list-style-type: none"> Attitudes to pornography Revenge porn and its impact (includes upskirting) 	<ul style="list-style-type: none"> Book marking (in line with school policy) Pupil voice
3	Rights & Responsibilities: Citizenship	<ul style="list-style-type: none"> Freedom Writers in the beginning Their stories The courage of heroes Diary entries reflection Citizenship review – conflict resolution 	<ul style="list-style-type: none"> In class questioning Peer-review (as directed by tutor) Book marking (in line with school policy) Pupil voice
4	CEIAG: Living in the wider world – employability skills	<ul style="list-style-type: none"> Motivation and work ethic CV Writing Entrepreneurship Career Pilot 	<ul style="list-style-type: none"> In class questioning Peer-review (as directed by tutor) Book marking (in line with school policy) Pupil voice
5	Debate SoW - Citizenship	<ul style="list-style-type: none"> Government spending Ageism Animal testing Extinction 2020 x 2 	<ul style="list-style-type: none"> In class questioning Peer-review (as directed by tutor) Book marking (in line with school policy) Pupil voice
6	CEIAG & Staying safe	<ul style="list-style-type: none"> CEIAG: Personal presentation and interviews x 2 Financial education x 3 	<ul style="list-style-type: none"> In class questioning Peer-review (as directed by tutor) Book marking (in line with school policy) Pupil voice



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Year 11

Term	Unit of Work	Knowledge and Skills	Assessment
1	CEIAG: Living in the wider world (next steps)	<ul style="list-style-type: none">• Goals for the year• A levels and Degrees• Vocational qualifications and T Levels• Apprenticeships• Job and SLT interview preparation	<ul style="list-style-type: none">• In class questioning• Peer-review (as directed by tutor)• Book marking (in line with school policy)• Pupil voice
2	RSE: Healthy relationships	<ul style="list-style-type: none">• Safety in relationships – in person and online• RSE and consent• Family life and the legal status of marriage• Teen pregnancy and choices• Sexual health	<ul style="list-style-type: none">• In class questioning• Peer-review (as directed by tutor)• Book marking (in line with school policy)• Pupil voice
3	CEIAG: Living in the wider world	<ul style="list-style-type: none">• Applying to college• Personal branding• Rights and responsibilities in the workplace• Trade Unions• Career Pilot	<ul style="list-style-type: none">• In class questioning• Peer-review (as directed by tutor)• Book marking (in line with school policy)• Pupil voice
4	Health & Wellbeing: mental health	<ul style="list-style-type: none">• Intro to mental health & stigma• Depression• Stress & anxiety• Exam stress and revision• Personal values, assertive communication, incl in relationships	<ul style="list-style-type: none">• In class questioning• Peer-review (as directed by tutor)• Book marking (in line with school policy)• Pupil voice
5	Revision		



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