## Year 10

Term	Unit of Work	Knowledge and Skills	Assessment
1	3.2.1	3.2.3.1 Making informed choices for a varied and balanced diet	Literacy – introduction to long
	Macronutrients	3.2.1.1 Protein	answer question. Why, how, what
	3.2.3	3.2.1.2 Fats	
	Nutrion and health	3.2.1.3 Carbohydrates	
	Food skills	H/W – variety of tasks and exam questions to reinforce learning from lesson and	
		allow students to demonstrate understanding.	
		Knowledge tested in end of term test	
2	3.2.2	3.2.2.1 Vitamins	Term 1 test marked and walkthrough
	Micronutrients	3.2.2.2 Minerals	with students
	3.2.3 nutrition and	3.2.2.3 Water	
	health	3.2.3.2 Energy needs	Literacy – research task for mini
		Mini NEA 1 investigation (focus hypothesis and research. Class investigation and	NEA. WHW
	Food skills	analysis, evaluation)	
		3.5.3 Sensory evaluation	
		H/W – variety of tasks and exam questions to reinforce learning from lesson and	
		allow students to demonstrate understanding.	
		Mini NEA 1 research tasks.	
		Knowledge tested in end of term test	
3	3.2.3. nutrition and	3.2.3.3 How to carry out nutritional analysis	Literacy – time plan and
	health	3.2.3.4 Diet, nutrition and health	development
		Mini NEA 2 task (class research, focus development)	
	Food skills	3.5.2 British and international cuisines	

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			End of term test – exam style questions to include long answer
			question
4	3.3 Food science	3.3.1 Cooking of food and heat transfer 3.3.2 Functional and chemical properties of food Mini NEA task (focus research, investigation and evaluation)	•
	Food skills		
5	3.4 food safety	3.4.1 Food spoilage and contamination 3.4.2 Principles of food safety	
6	3.5 food choice 3.6 food provenance	3.5.1 Factors affecting food choice 3.6.1 Environmental impact and sustainability of food	

## Year 11

Term	Unit of Work	Knowledge and Skills	Assessment
1	NEA 1	Formal NEA 1 task set by exam board on 1 <sup>st</sup> September 4.3.5.1 Food investigation assessment Students will investigate the working characteristics and the functional and chemical properties of a particular ingredient through practical investigation. They will produce a report which will include research into 'how ingredients work and why'.  Outcome: Written or electronic report including photographic evidence. The inclusion of photographic evidence is to mitigate against plagiarism and is for authentication purposes. Research, investigation, analysis and evaluation Completed under exam conditions  Homework's – exam style questions to include long answer question	Assessment: Students produce a report of between 1,500 – 2,000 words (approx. 6 – 8 sides of A4 or A3 equivalent). Practical investigations are a compulsory element of this non-exam assessment.  Literacy – NEA 1 and long answer question
2	3.6.2 Food processing and production Food skills	3.6.2.1 Food production  NEA 2 – food presentation skills, building framework for lower, medium and higher food skills.  Homework's – exam style questions and revision for mocks	Year 11 mock exam  Literacy – long answer question in preparation for mock
3	NEA 2	Formal NEA 2 task set by exam board on November 1 <sup>st</sup> 4.3.6.1 Food preparation assessment In this task, students will prepare, cook and present a final menu of three dishes to meet the needs of a specific context. Students must select appropriate technical skills and processes and create 3 – 4 dishes to showcase their skills. They will then	Assessment: Students will produce a concise portfolio. Students will prepare, cook and present a final menu of three dishes within a single period of no more than 3 hours, planning in advance how this

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		produce their final menu within a single period of no more than 3 hours, planning in advance how this will be achieved.	Will be achieved. On completion of the making of the final dishes,
			1
		Outcome: Written or electronic portfolio including photographic evidence	students will analyse and evaluate
		authenticating the practical	the outcomes through sensory
		Outcomes. Photographic evidence of the three final dishes must be included.	testing, nutritional analysis, costing and identify improvements to their
		Research; Demonstrating technological skills; planning; making; evaluation	dishes. The portfolio is not to exceed 20 sides of A4 or A3 equivalent. A
		Completed under exam conditions	menu is a selection of three dishes that are produced to meet
		Homework's – exam style questions and tasks to reinforce Year 10 subjects in order to prepare students for revision after NEA 2	the demands of the chosen task.
4	Exam preparation	Prepare a revision program after auditing what areas of specification have already been covered effectively in Year 10 and prioritise any topics not covered by	Assessment of revision topics using practise papers
	Food skills	students which need revising.	
		The following should be covered in this period:	Literacy – Food based articles with
		how the written exam is organised	comprehension tasks
		how to prepare for the written exam	
		the command words used in written exam	
		• the types of questions that will be asked in a written exam including:	
		multiple choice	
		data response	
		structured question	
		• open-ended response questions or free response questions.	
		Homework – revision tasks to reinforce topics covered in revision programme, devising revision tasks to be used in lessons, Seneca tasks	
5	Exam preparation	Continuation of revision programme from term 4	Assessment of revision topics using practise papers

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	Food skills	Homework – revision tasks to reinforce topics covered in revision programme, devising revision tasks to be used in lessons, Seneca tasks	Literacy – Food based articles with comprehension tasks
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